## **ABOUT US**

Fernhall is a centre for personal development, helping wāhine of all ages and creeds to grow and reach their full potential.





# **CONTACT US**

- 129 Gillies Ave, Epsom
- sheleads@fernhall.org
- www.fernhall.org

# S.H.E Leads

leadership programme for young women



# FORMING LEADERS

S.H.E Leads aims to equip young women with the confidence & skills to give direction to their lives, discover a sense of purpose, and develop their talents. We're forming tomorrow's leaders today by helping girls give their personal best within their school, home and the wider community.

## SERVICE HEART EXAMPLE





## **HOW IT WORKS**

THE MONTHLY SESSIONS ARE COMPRISED OF:

#### 1. WORKSHOPS

Guest speakers, cultural seminars, discussion forums and hands-on activities aimed at character and leadership development.

#### 2. MENTORING

Each participant is paired with a mentor who helps her formulate personal goals and navigate the challenges she encounters.

#### 3. VOLUNTEERING

As a way of giving back to the community and to put into practice the skills learned, there is a monthly volunteering afternoon.

### **DETAILS**

Cost:

Early Bird \$250 Regular \$280 Sibling discount Refer a friend discount

# WORKING WITH PARENTS

This programme aims to collaborate and accompany parents throughout their daughter's journey. Recognising parents are a child's primary educator, our role is to support you with what you think your daughter needs.



### **REGISTER**

www.fernhall.org/SHEleads